

Food

Two Meals With Harold Dieterle

Interviewed by Lauren Sherman 11.15.07, 6:00 PM ET

Harold Dieterle



Courtesy Harold Dieterle

After winning the first Top Chef competition on Bravo, Harold Dieterle opened Perilla in New York's Greenwich Village, focusing on fresh, seasonal American food.

What would be your last meal?

A pig roast on the beach in Thailand.

What was your most memorable meal, and what made it so?

I was alone in Thailand and ordered a five-pound spiny tail lobster at a small restaurant where I was the only non-Thai person. It was the epitome of decadence: an extravagant piece of protein. The lobster was the size of a small child. It was simply prepared--they chopped up the lobster, fried it and then threw in some garlic flour, fish sauce and lime juice. Everyone at the restaurant was watching.



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